

Team Day - April 2, 2010

Individual Events:

- 50 meter dash
- 1 K (approximately)
- Football throw (for distance, not accuracy)
- Combo Chaos! (Fastest time to open a locker. ☺)

Team Events on Team Day: *You may NOT sign up anyone other than yourself.* Work out your teams among your friends this week so that you can sign up together.

- Tug of War: 10 people; 5 male maximum, no male minimum (single elimination)
- Kickball Tournament: 6 people; 3 male/3 female
- 400 meter relay: 4 people; 2 male/2 female
- Sac Race Relay: 4 people
- Log Shoe Race: 5 people
- 3 legged race: 4 people
- Balloon Butt-Bust: 2 people
- Balloon Toss: 2 people
- Minute-to-Win-It: 4 people (The challenges will be listed at the beginning of next week in case your team wants to practice.)